

**REMARKS**

As indicated by the Examiner the applicant has elected phosphoric acid as active compound and cancelled the claims of products and methods (claim 72, 74, 78, 81, 85, and 89-93). Claims also have been amended (claim 64-66, 68, 69, 71, 73, 77, 85-93) and claimed according to the instruction of the Examiner without adding new matters. Claim 64 is the only one independent claim and the others are dependent on that. All dependent claims are the use of claim 64. Forms of health care food are all readable in description.